

The JPMorgan Chase Medical Plan

The JPMC Medical Plan (California)

Highlights

The JPMorgan Chase Medical Plan offers three options: Option 1, Option 2 and Kaiser HMO Option. You will choose your option when you enroll. Here are highlights of the three medical options:

	Aetna/Cigna Option 1 and Option 2	Kaiser HMO Option
Plan type	Consumer-Driven Healthcare Plans (CDHPs) — high-deductible plans paired with an integrated Health Reimbursement Account, known as the Medical Reimbursement Account (MRA). The MRA is used for eligible out-of-pocket medical and prescription drug expenses.	HMO — a fully integrated health system that employs physicians and other medical staff and owns hospitals, facilities, and pharmacies. Members select a primary care physician who will be responsible for wholly managing their care, including the coordination of care with other providers (as needed). It is paired with an MRA used for eligible out-of-pocket medical and prescription drug expenses.
In- and out-of-network care	Options 1 and 2 provide both in- and out-of-network care. Out-of-network care generally costs more.	There is no out-of-network care except for emergencies.
Preventive care	In-network eligible preventive care is covered at 100% without having to satisfy the deductible. Out-of-network preventive care is covered at 50% after a deductible.	In-network eligible preventive care is covered at 100% without having to satisfy the deductible.
Health care company	Aetna or Cigna	Kaiser Permanente
MRA funding	The employee's MRA is funded by JPMC when the employee and covered spouse/domestic partner complete Initial Wellness Activities and Additional Wellness Activities.	The employee's MRA is funded by JPMC when the employee and covered spouse/domestic partner complete Initial Wellness Activities only. There are no incentives for Additional Wellness Activities.
Prescription Drug Plan	The Prescription Drug Plan is included and administered by CVS Caremark. There is no separate election to make. You can fill prescriptions at a wide range of in-network retail pharmacies including CVS.	The Prescription Drug Plan is included and administered by Kaiser Permanente. There is no separate election to make. Generally, you can only fill prescriptions at a Kaiser Permanent pharmacy/facility.
MRA and HCSA		
<ul style="list-style-type: none"> • Administration • Payment options 	<ul style="list-style-type: none"> • The health care company elected (Aetna or Cigna) • Automatic claim payment or debit card (elected at enrollment) 	<ul style="list-style-type: none"> • Cigna • Debit card only

Aetna/Cigna Options 1 and 2

Option 1 has higher payroll contributions but lower annual deductibles and coinsurance maximums. Option 2 has lower payroll contributions but higher annual deductibles and coinsurance maximums. Otherwise, both options provide the same coverage.

As a general rule of thumb:

- If you typically use health care services often (other than preventive and primary care), you might want to consider enrolling in Option 1. Even though payroll costs are higher for this option, your annual out-of-pocket costs may be lower than if you choose Option 2.
- If you don't usually visit the doctor often except for preventive and primary care, and are generally healthy, you might want to consider enrolling in Option 2. It will cost you less in payroll contributions and still provides you with coverage in case of an unexpected illness or injury.

My Health is your centralized online resource for benefits information. Type "**go/myhealth**" into your intranet browser.

Aetna or Cigna

You can choose between two health care companies — either Aetna or Cigna. Both companies offer the same medical plan options at the same cost. And both companies offer extensive nationwide provider networks, Virtual Doctor Visits, well-established clinical programs, and comprehensive tools and resources to help you research and understand your treatment options, including Treatment Decision Support.

Receiving care in-network or out-of-network

Medical Plan Options 1 and 2 with Aetna or Cigna gives you the freedom to go in- or out-of-network for care, allowing you to choose the provider that best meets your needs. However, you'll generally pay more for out-of-network care, and the process of paying for your care will be different than if you choose to stay in-network. Here are some other important differences in cost:

- If you choose to go in-network:
 - [Preventive care](#), including physical exams and recommended preventive screenings, is covered in-network at 100% with no deductible or coinsurance. Check with your health care company for services covered at 100%.
 - In-network primary care* office visits are covered at 90% with no deductible and specialist visits are covered at 80% after the deductible.
 - Virtual Doctor visits are approximately \$5 per virtual visit with no deductible.
 - Mental health therapy office visits with an in-network psychologist, social worker or licensed therapist are covered at 90% with no deductible. Visits with an in-network psychiatrist are covered at 80% with no deductible.
- If you choose to go out-of-network:
 - Out-of-network charges are covered at 50% after the deductible and do not apply toward the in-network annual deductible or coinsurance maximum but will apply to the out-of-network deductible or coinsurance maximum. The same applies with in-network charges — they do not apply toward the out-of-network deductible or coinsurance maximum.
- For other services, the plan pays a percentage (generally 80% in-network and 50% out-of-network) of the cost once you meet the annual deductible. Your share — called coinsurance, which is the amount you and the plan share for certain expenses after the deductible — is typically 20% of the cost of in-network care and 50% of the cost for out-of-network care.
- The plan's coinsurance maximum — your financial "safety net" — limits the amount you are required to pay in coinsurance each year. There are separate coinsurance maximums for in-network and out-of-network charges. (Please note: Your prescription drug coverage is subject to an entirely separate plan design and is managed by CVS Caremark. See page 3 for details.)

For details, visit Your JPMC Benefits Guide (<https://jpmcbenefitsguide.com>) — the Summary Plan Descriptions — and go to [How Your Medical Plan Works](#).

* An internist must be contracted with Aetna or Cigna as a primary care physician (PCP). Go to Aetna’s or Cigna’s website through **My Health** to search for PCPs/primary care.

Kaiser HMO Option

Kaiser Permanente is a fully integrated health system that employs physicians and other medical staff and owns hospitals, facilities, and pharmacies. That makes getting the care you need when you need it, simple and convenient.

Here’s how the plan works:

- As is common in an HMO, a primary care physician (PCP) is responsible for wholly managing your care and your family’s care, including the coordination of care with other providers, such as specialists. Therefore, you will need to select a Kaiser PCP for each covered family member.
- Most preventive care services are covered 100%.
- Virtual doctor visits are covered at 100%
- For most services, like doctor’s office, urgent care visits, x-rays, lab work and imaging, you have **copays with no deductible** to meet.
- There is a \$1,000 **deductible** to meet that only applies to a small subset of services (e.g., hospital care, outpatient surgery), then you’ll share in the cost by paying coinsurance.
- Once you reach your out-of-pocket maximum, you won’t have to pay copays or coinsurance for covered services for the rest of the calendar year.
- Kaiser administers the prescription drug plan (rather than CVS Caremark for Options 1 and 2), which impacts the types of drugs covered by the plan as well as where you can fill prescriptions.
- **Important note: Out-of-network care is not covered under the Kaiser HMO Option, except for emergencies. This means only services provided by a Kaiser provider at a Kaiser office/facility/hospital will be covered by the Kaiser HMO plan. Generally, if you receive non-emergency care outside of a Kaiser provider/setting, you will be responsible for the full cost of that care.**

If you enroll in this option, a welcome guide will be sent to your home with instructions for registering on kp.org, selecting primary care physicians for you and your covered family members, as well as benefits details.

For details on the Kaiser HMO Option, see the [Kaiser HMO Overview](#) available on My Health and visit select.kp.org/jpmc.

Comparing your Medical Plan Options

Here’s a look at the benefits under each of the JPMC Medical Plan Options:

	Option 1 In-network	Option 2 In-network	Kaiser HMO Option In-network <i>Only in-network care is covered</i>
Annual Deductible (employee / employee + spouse/domestic partner or children / employee + spouse/domestic partner + children)			\$1,000 employee/\$2,000 employee + family (same annual deductible for all pay tiers)
<ul style="list-style-type: none"> • Pay Tiers 1-2 • Pay Tiers 3-7 	<ul style="list-style-type: none"> • \$500 / \$1,375 / \$2,250 • \$1,250 / \$2,125 / \$3,000 	<ul style="list-style-type: none"> • \$1,500 / \$2,875 / \$4,250 • \$2,250 / \$3,625 / \$5,000 	

	Option 1 In-network	Option 2 In-network	Kaiser HMO Option In-network <i>Only in-network care is covered</i>
Out-of-Pocket Maximum* (employee / employee + spouse/domestic partner or children / employee + spouse/domestic partner + children) <ul style="list-style-type: none"> • Pay Tiers 1-2 • Pay Tiers 3-4 • Pay Tiers 5-7 	<ul style="list-style-type: none"> • \$1,500 / \$2,000 / \$2,500 • \$2,000 / \$2,750 / \$3,500 • \$2,750 / \$3,875 / \$5,000 	<ul style="list-style-type: none"> • \$3,250 / \$4,625 / \$6,000 • \$3,550 / \$5,075 / \$6,600 • \$3,550 / \$5,075 / \$6,600 	\$2,000 employee/\$4,000 family (same annual deductible for all pay tiers; includes any deductibles)
Well child/preventive care visit	You pay \$0	You pay \$0	You pay \$0
PCP visit	You pay 10% with no deductible	You pay 10% with no deductible	You pay \$20 with no deductible
Virtual doctor visits	You pay 10% with no deductible	You pay 10% with no deductible	You pay \$0
Mental health outpatient therapy visit	<ul style="list-style-type: none"> • You pay 10% with no deductible for psychologist, social worker, therapist visits • You pay 20% with no deductible for psychiatrist visits 	<ul style="list-style-type: none"> • You pay 10% with no deductible for psychologist, social worker, therapist visits • You pay 20% with no deductible for psychiatrist visits 	<ul style="list-style-type: none"> • You pay \$20 per visit for individual therapy • You pay \$10 per visit for group therapy
Specialist visit	You pay 20% after deductible	You pay 20% after deductible	You pay \$30 with no deductible
Urgent care visit	You pay 20% after deductible	You pay 20% after deductible	You pay \$20 with no deductible
Emergency** room visit and ambulance services	You pay 20% after deductible	You pay 20% after deductible	You pay 20% with no deductible
Hospital inpatient visit	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible
X-rays and lab tests	You pay 20% after deductible	You pay 20% after deductible	You pay \$10 with no deductible
Advanced imaging (CT, MRI)	You pay 20% after deductible	You pay 20% after deductible	You pay 20% up to a maximum of \$100 (deductible does not apply)
Infertility benefits	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible
Outpatient surgery	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible
Physical, occupational and speech-language therapies	You pay 20% after deductible; up to 60 visits per year; unlimited visits for mental health diagnosis	You pay 20% after deductible; up to 60 visits per year; unlimited visits for mental health diagnosis	You pay \$20 per visit with no deductible; unlimited
Chiropractic care	You pay 20% after deductible; 20 visits per year	You pay 20% after deductible; 20 visits per year	You pay \$30 with no deductible; 20 visit per year
Acupuncture (restrictions apply)	You pay 20% after deductible; 20 visits per year	You pay 20% after deductible; 20 visits per year	You pay \$30 with no deductible; 20 visits per year
Home health	You pay 20% after deductible; up to 200 visits	You pay 20% after deductible; up to 200 visits	No charge; 120 visits per year

	Option 1 In-network	Option 2 In-network	Kaiser HMO Option In-network <i>Only in-network care is covered</i>
	per year; unlimited visits for mental health diagnosis	per year; unlimited visits for mental health diagnosis	
Prescription drugs			
<i>Retail (30-day supply)</i>			
Preventive drugs (generic and brand)	Covered 100% ***	Covered 100% ***	Covered 100%
Generic drugs	<ul style="list-style-type: none"> Non-specialty: You pay \$10 with no deductible Specialty: You pay 30% after deductible, up to \$200 max 	<ul style="list-style-type: none"> Non-specialty: You pay \$10 with no deductible Specialty: You pay 30% after deductible, up to \$200 max 	<ul style="list-style-type: none"> Non-specialty: You pay \$10 Specialty: You pay 20% with no deductible; up to \$150 max
Brand drugs	Non-specialty/specialty: You pay 30% after deductible, up to \$200 max	Non-specialty/ specialty: You pay 30% after deductible, up to \$200 max	<ul style="list-style-type: none"> Non-specialty: You pay \$30 Specialty: You pay 20% with no deductible; up to \$150 max
Non-preferred brand drugs	Non-specialty/specialty: You pay 45% after deductible, up to \$250 max	Non-specialty/specialty: You pay 45% after deductible, up to \$250 max	Not covered; pays at generic, brand, specialty cost if approved exception
Specialty drugs	See above	See above	See above
Pharmacy deductible (employee / employee + spouse/domestic partner or children / employee + spouse/domestic partner + children)	\$100/\$200/\$300 (Does not apply to non-specialty generic medications)	\$100/\$200/\$300 (Does not apply to non-specialty generic medications)	N/A
<i>Mail Order (90-day supply for Options 1 & 2; 100-day supply for Kaiser HMO)</i>			
Preventive drugs (generic and brand)	Covered 100% ***	Covered 100% ***	Covered 100%
Generic drugs	<ul style="list-style-type: none"> Non-specialty: You pay \$20 with no deductible Specialty: You pay 30% after deductible, up to \$500 max 	<ul style="list-style-type: none"> Non-specialty: You pay \$20 with no deductible Specialty: You pay 30% after deductible, up to \$500 max 	<ul style="list-style-type: none"> Non-specialty: You pay \$20 Specialty: You pay 20% with no deductible; up to \$150 max
Brand drugs	Non-specialty/specialty: You pay 30% after deductible, up to \$500 max	Non-specialty/ specialty: You pay 30% after deductible, up to \$500 max	<ul style="list-style-type: none"> Non-specialty: You pay \$60 Specialty: You pay 20% with no deductible; up to \$150 max
Non-preferred brand drugs	Non-specialty/specialty: You pay 45% after deductible, up to \$625 max	Non-specialty/specialty: You pay 45% after deductible, up to \$625 max	Not covered; pays at generic, brand, specialty cost if approved exception
Specialty drugs	See above	See above	See above
Pharmacy deductible (employee / employee + spouse/domestic partner or children / employee + spouse/domestic partner + children)	See above	See above	N/A

	Option 1 In-network	Option 2 In-network	Kaiser HMO Option In-network <i>Only in-network care is covered</i>
Out-of-Pocket Maximum* (employee / employee + spouse/domestic partner or children / employee + spouse/domestic partner + children)	\$1,150 / \$1,750 / \$2,2300 (includes copayment and coinsurance for covered drugs; does not include retail deductible)	\$1,150 / \$1,750 / \$2,2300 (includes copayment and coinsurance for covered drugs; does not include retail deductible)	Included in the Medical Out-of-Pocket Maximum

*Does not include deductible for Options 1 and 2. For Kaiser HMO, includes deductible.

**True emergency as determined based on what a prudent person would consider an emergency, not on the final diagnosis reached by doctors.

***Effective January 1, 2023, preventive drug coverage will cover all eligible preventive drugs — including brand-name drugs. Note: Mandatory Generic Drug Program applies

What if I currently am enrolled in the JPMC Medical Plan and don't make elections during Annual Benefits Enrollment?

If you are enrolled in the Medical Plan as of Dec. 31, 2022 and do not take any action during Annual Enrollment, your 2022 medical elections will automatically map to 2023 so that you and any covered family members have medical coverage on Jan. 1, 2023 as follows:

- You will remain enrolled with your current health care company (Aetna, Cigna or Kaiser Permanente) for 2023.
- Your medical plan option (Option 1 or Option 2 or the Kaiser HMO Option) will **not** change.
- Your election of debit card versus automatic claim payment for your Medical Reimbursement Account (MRA) / Health Care Spending Account (HCSA) will also carry over.

Reminder: Any elections to participate in the Health Care and Dependent Care Spending Accounts will **not** map over; you are required by IRS regulations to re-elect this benefit each year.

Prescription drug coverage

JPMC's Prescription Drug Plan is part of the JPMC Medical Plan, no matter which Option you choose. Prescription drug coverage in the Core Medical Plan is administered by CVS Caremark. The Kaiser HMO Option includes its own prescription drug plan administered by Kaiser Permanente. You won't need to make a separate election for prescription drug coverage; it's covered by your Medical Plan election. **Please note that drugs covered under the Kaiser HMO Option and Options 1 and 2 may vary.** Here are key features of the prescription coverage under the three medical options: Option 1, Option 2 and Kaiser HMO Option:

	Option 1 and Option 2	Kaiser HMO Option
Prescription drug plan management	Prescription drug coverage is managed by CVS Caremark.	Prescription drug coverage is managed by Kaiser Permanente.
Key plan features	A separate plan design from the Medical Plan with separate, lower deductibles and a separate safety net for covered prescriptions in the form of per-prescription maximums and annual out-of-pocket maximums. You'll receive a separate CVS Caremark ID card.	There is no prescription deductible and prescription drug copays and coinsurance count toward a combined medical and prescription drug out-of-pocket maximum.
Covered drug list (formulary)	CVS Caremark maintains its own list of covered drugs, also known as its formulary. Certain drugs require prior authorization, have quantity limits associated with them or are excluded from coverage. To check drug coverage and to	Kaiser maintains its own list of covered drugs, also known as its formulary. Certain drugs may have quantity limits or are excluded from coverage. Contact Kaiser at 1-800-204-6561 if

	Option 1 and Option 2	Kaiser HMO Option
	<p>see the list of excluded drugs, visit www.caremark.com/jpmc.</p> <p>Please note: CVS Caremark’s list of covered drugs is different than Kaiser’s.</p>	<p>you have questions about your drug coverage or visit select.kp.org/jpmc.</p> <p>Please note: Kaiser’s list of covered drugs is different CVS Caremark’s. Therefore if you are currently taking prescription drugs and are contemplating enrolling in the Kaiser HMO plan for 2023, you should review the Kaiser covered drug list online or speak with a Kaiser representative to understand whether your prescription drug will be covered by Kaiser.</p>
Where to fill your medications	<p>You’ll pay less when using in-network retail pharmacies for short-term prescriptions and the CVS Caremark Maintenance Choice® program for long-term prescriptions. Maintenance Choice® offers advantageous pricing when you receive 90-day supplies of maintenance medication by mail or pick up your prescription at CVS retail pharmacies, where the same discounts are available. Find a network pharmacy in your area at caremark.com/jpmc.</p>	<p>Kaiser has its own pharmacies, which must be used. You generally do not have the flexibility to fill a prescription at a local retail pharmacy (for example, CVS retail pharmacies). Most prescriptions can be filled through mail order or online for home delivery or same-day pickup. When selecting mail order you will receive a 100-day supply.</p>
Preventive drugs	<p>Eligible preventive generic and brand* drugs are covered at 100% with no cost to you.</p>	<p>Eligible preventive generic and brand drugs are covered at 100% with no cost to you.</p>
Other important information	<p>If you fill a prescription for a brand-name medication when a generic equivalent is available you will pay the difference in cost between the brand-name drug and generic drug, plus the generic copay.</p>	<p>Not all pharmaceutical manufacturer coupon or copay assistance cards are accepted at Kaiser pharmacies. If you are using a copay card and would like to know if is accepted, contact Kaiser at 1-800-204-6561.</p>

* Effective January 1, 2023, preventive drug coverage will cover all eligible preventive drugs — including brand-name drugs. Note: Mandatory Generic Drug Program applies

Prescription Drug Coverage Administered by CVS Caremark (Options 1 and 2)

Your prescription drug coverage depends on the type of drug your doctor prescribes and where you fill your prescription.

There are three tiers of drugs covered:

- **Generic drugs** which have equivalent ingredients to brand-name drugs, but generally cost less. Note: Specialty generic drugs are covered at the same level as preferred brand-name drugs.
- **Preferred brand name drugs** which have been patented by the companies that developed them and placed on a preferred drug list by CVS Caremark. They’re generally more expensive than generic drugs but less expensive than non-preferred drugs.
- **Non-preferred brand name drugs** are brand-name medications that are not on CVS Caremark’s preferred drug list and are usually more expensive than generics and preferred brand name drugs. They often have generic and/or one or more preferred brand name alternatives.

Note: Eligible generic and brand **preventive drugs are covered at 100%** — which means you pay nothing for these prescription drugs at network pharmacies. Mandatory Generic Drug Program applies.

There are three ways to fill your prescription drugs:

- **At one of 66,000 nationwide in-network retail pharmacies** for short-term (acute) medications, such as antibiotics.
- **Through the Maintenance Choice® Program at either CVS Caremark mail service or a CVS retail pharmacy** for long-term medications.
- **Through opting out of the Maintenance Choice® Program** to obtain long-term medications in either a 30- or 90-day supply through any network pharmacy. **Please Note:** You must first call CVS Caremark to opt out and your costs may be greater than if you utilize Maintenance Choice.

Please note: the plan contains a **mandatory generic drug program**. If you fill your prescription with a brand name drug when a direct generic equivalent is available, you pay the entire cost difference between the generic and brand name drugs, plus the generic drug copay. These cost differences will not be limited by per-prescription maximums or annual out-of-pocket maximum limits. Your physician can contact CVS Caremark to seek a medical exception review for possible approval for specific clinical reasons.

Covered and excluded drug lists

The JPMC Prescription Drug Plan uses CVS Caremark's lists of covered and excluded drugs (also known as Formularies), reviewed and approved by an independent committee of pharmacists, physicians and medical ethicists. Go to My Health > Medical, Rx, MRA & Spending Accounts > My Prescription Drugs to access CVS Caremark's website. From the Plan & Benefits tab, select **Covered Drug List (Formulary)**.

For complete prescription drug coverage details, visit Your JPMC Benefits Guide (<https://jpmcbenefitsguide.com>) — the Summary Plan Descriptions — and go to [Prescription Drug Coverage](#).

Prescription Drug Coverage Administered by Kaiser Permanente (Kaiser HMO Option)

Kaiser maintains its own list of covered drugs, also known as its formulary, which covers three tiers of drugs:

- **Traditional Generic drugs** that have equivalent ingredients to brand-name drugs, but generally cost less
- **Traditional Preferred brand drugs** that have been patented by the companies that developed them and placed on a preferred drug list by Kaiser Permanente. They're generally more expensive than generic drugs
- **Specialty drugs**, including both generics and brands

Note: Eligible generic and brand **preventive drugs are covered at 100%** with no cost to you.

Where to fill your prescription drugs in the Kaiser HMO

Kaiser has its own pharmacies, which must be used. Most prescriptions can be filled through mail order or online for home delivery or same-day pickup. When selecting mail order, you will receive up to a 100-day supply.

Covered and excluded drug lists

Kaiser maintains its own list of covered drugs, also known as its formulary. Certain drugs may have quantity limits or are excluded from coverage. If you have questions about your drug coverage, call Kaiser at 1-800-204-6561 or visit select.kp.org/jpmc.

Contacts

Additional information to help you choose your benefits during Annual Benefits Enrollment and use them throughout the year can be found on **My Health**. If you have additional questions or need more information, see the tip sheet, [Who to call with benefits questions](#).

*For plan details, use the 2023 Annual Enrollment Bulletin and Summary Plan Descriptions (SPDs) found on **My Health** > Benefits Enrollment > 2023 Benefits Resources.*

The JPMorgan Chase U.S. Benefits Program is generally available to most full-time and part-time U.S. dollar-paid, salaried employees who are regularly scheduled to work 20 hours or more a week and who are employed by JPMorgan Chase & Co. or one of its subsidiaries to the extent that such subsidiary has adopted the JPMorgan Chase U.S. Benefits Program. This information does not include all of the details contained in the applicable insurance contracts, plan documents, and trust agreements. If there is any discrepancy between this information and the governing documents, the governing documents will control. JPMorgan Chase & Co. expressly reserves the right to amend, modify, reduce, change, or terminate its benefits and plans at any time. The JPMorgan Chase U.S. Benefits Program does not create a contract or guarantee of employment between JPMorgan Chase and any individual. JPMorgan Chase or you may terminate the employment relationship at any time.

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